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## **THE POST OAK HOTEL AT UPTOWN HOUSTON OPENS THE SPA**

**HOUSTON, TX (December 20, 2018)** — The Post Oak Hotel at Uptown Houston announces today the opening of The Spa. The new, 20,000-square-foot urban oasis offers unique treatment rooms, including a couples suite with a sumptuous en-suite bathtub and shower; tranquility pools with body-contouring hot stoned daybeds; aromatherapy-infused steam rooms; detoxifying high temperature, low humidity saunas; multi-sensory thermal showers; state-of-the-art Technogym fitness center; and quiet lounges with zero gravity chairs to unwind after a busy day.

“I have traveled the world seeing the most beautiful spas with the finest amenities,” said Fertitta. “Houston deserves a unique, first-class spa and I was inspired to bring one to my Post Oak hotel. We offer only top-of-the-line products and services that you won’t find anywhere else in the country. Whether you are a Houstonian or a hotel guest, you will want to visit our spa.”

The Spa indulges guests with an unparalleled wellness menu featuring exclusive products, rituals, massages, aromatic oils, body and facial treatments, body scrubs, and the latest innovations in skincare techniques.

The Post Oak Hotel is the **first spa in Texas and the first AAA Five-Diamond hotel in the nation** to partner with Cinq Mondes, the French pioneer and expert in spa rituals and treatments cultivated from the world’s most unspoiled regions: Brazil, Japan, Polynesia, Bali, Switzerland, Morocco, India, and Thailand. Each ritual is thoughtfully derived from the region’s techniques, beliefs, and practices to deliver a sensorial experience that establishes wellbeing, radiance, relaxation, regeneration, beauty and balance for the body and mind. All therapists endured an intensive eight-week training to learn these ancient traditions and pharmacopeias.

Exclusive to The Post Oak Hotel is the “*Rituals of Five Worlds*”, a signature treatment featuring a warmed, steam poultice massage and gentle body stretching with a medicinal Javanese fusion of lemongrass, bergamot and ginger to release muscular tension. An unforgettable transformation results from a simultaneous, dual-therapist cranial acupressure and foot reflexology while fragrant Moroccan eucalyptus and cinnamon awaken the senses.

“Nowhere else in the world can someone receive our Rituals of Five Worlds treatment,” said Daisy Tepper, Spa Director at The Post Oak Hotel. “With more than 145 different languages spoken in Houston, we were inspired to develop a diverse and cultured experience that pays homage to ancient traditions from masters around the world.”

Another unique treatment inspired by a Japanese wellness ritual is the “*Ko Bi Do Lift*”, a highly effective and non-invasive face lift that begins with an in-depth purification of the skin. An intense massage lifting technique is performed, exercising the facial muscles and contouring the face for a toned, plump effect.

Additionally, The Post Oak Hotel is the **only hotel in Texas** to feature the In-Skin facial system. German-engineered and Italian-manufactured, this next evolution technology seamlessly integrates six high-performance functions to deliver a results-oriented facial experience. The Spa’s “*In-Skin Ultimate Radiant Complexion*” is a two-hour superior treatment featuring microdermabrasion, oxygen, LED lighting, radio frequency, electroporation, and air massage.

“This In-Skin technology was only offered in Los Angeles until now,” said Tepper. “We know the importance of technology in today’s world; and this In-Skin treatment is truly a one-of-a-kind experience. Guests see immediate results.”

Another proud partner of The Spa is Jacqueline Piotaz, known for their revolutionary and environmentally-friendly skincare products made in Switzerland. Guests can enjoy this anti-aging, luxury brand in the Spa’s signature “*Pollution Defense*” facial treatment. This revolutionary triple-action peel and refining mask hydrates the skin, removes impurities and creates a protective layer against harmful environmental toxins and rapid aging.

Spa therapists use essential oils from Aromatherapy Associates of London to deliver a personalized experience. These aromatic oils awaken the senses to provoke emotional and physical responsiveness and establish mindfulness, stress-reduction, positivity, and emotional balance. The ultimate “*Bespoke Aromatherapy Journey*” begins with a one-on-one consultation to develop a curated formula of aromatherapy oils and practices based on the guest’s mental and physical well-being. This aromatherapy ritual is designed using precious emollients and sensorial oils for a unique journey unlike any other.

Signature massages and treatments for men can also be found at The Spa at The Post Oak. “*The Modern Man’s Facial*” uses a potent multi-layer peel and anti-stress massage to soften skin, heal shaving bumps and rejuvenate complexion, while the “*Rebalance Massage*” blends therapeutic oils and deep tissue massage techniques to alleviate everyday stress.

“Of course, we offer basic spa services; but we wanted this to be a unique oasis for hotel guests and area-residents to escape the city’s fast-pace stressors,” Tepper added. “We transport you to a sensorial sanctuary where beauty, technology, relaxation and personalized service create the ultimate rejuvenation.”

To make reservations, please contact The Spa at 346.227.5142 or email [spa@thepostoak.com](mailto:spa@thepostoak.com). For more information, please visit [www.thepostoak.com](http://www.thepostoak.com).

## **ABOUT THE POST OAK HOTEL AT UPTOWN HOUSTON**

Houston’s only AAA Five-Diamond hotel, The Post Oak Hotel at Uptown Houston, is Houston’s newest destination for the discerning traveler. Set on 10 oak-studded acres, the sleek 38-story tower boasts 250 ultra-modern guestrooms and suites; 20 executive residences; and an elegant 35,000-square-foot conference facility, including the largest ballroom in Uptown Houston. Located mere steps from The Galleria and River Oaks District, The Post Oak Hotel caters to business and leisure travelers alike with lavish accommodations, five-fixture deluxe bathrooms, three televisions, sophisticated technology, and unobstructed views. While the standard guestroom offers over 500 square feet of luxurious and abundant living space, the immense 5,000 square-foot, two-bedroom Presidential Suite

is the most opulent of them all and serves as Houston's unmatched, ultra-luxurious suite offering extra concealment and discretion with private elevator access, media room, exercise room and secluded terrace.

Unique amenities include a two-story Rolls-Royce showroom and on-site Bentley and Bugatti Post Oak Motors dealership, as well as six restaurants and bars throughout the hotel with dining choices from sophisticated cuisine in Bloom & Bee and exotic libations at H Bar to pub-style fare at Craft F&B and fresh-baked pastries at Bouchée Patisserie. Also on property is celebrity acclaimed and Texas' first Mastro's Steakhouse, as well as Willie G's Seafood, a Houston institution with an amazing raw bar and seafood favorites. A multi-million-dollar modern art collection with pieces by Frank Stella, Alex Katz, Robert Motherwell, Donald Sultan, Joseph Glasco, and Howard Hodgkin are strategically placed throughout the hotel, giving it a museum-quality feel. The Cellar, the hotel's expansive wine collection with over 30,000 bottles, offers guests and restaurant patrons access to more than \$3 million of the world's finest wines including vintages dating back to the 1800's. Additional offerings for an effortless experience include the indulgent Post Oak Spa, Salon, and the hotel's fashion-forward boutique, 29° North. The Post Oak Hotel is also among 41 properties in the nation honored in the Preferred Hotels & Resorts Legends Collection, receiving the brand's top-level accreditation for its high-quality standards and unparalleled service. To make a hotel reservation, please call 844.386.1600 or visit [www.thepostoak.com](http://www.thepostoak.com).

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